



Get an Edge...
Become more marketable
with Pilates!

CORE Strategies Physical Therapy Presents

Continuing Education: Introduction to Pilates in Rehabilitation and Fitness



Taught by: **Noelle Dowma DPT,BFA**
Polestar Pilates Principal Educator

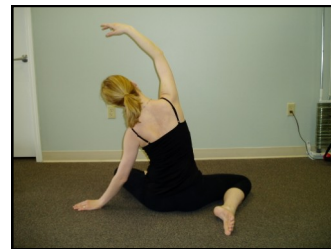
Tuesday, April 26, 2011
6-8:30 PM

CORE Strategies Physical Therapy
10400 W. 103rd St. Ste. 22
Overland Park, KS 66214

Register!

913.322.4000

*advanced payment is required



Course is aimed at:

- ◆ Rehabilitation professionals (PT, PTA,OT,DC, ATC, MD, DO)
- ◆ Fitness Professionals (personal trainers, fitness instructors)

CEU credits provided:

- ◆ KS Board of Healing Arts

This workshop is designed for those who are interested in how Pilates can fit into fitness and rehabilitation. You will be provided with basic information on the Polestar Pilates Principles and how to pursue further education. Some light movement will be completed with opportunity to practice some mat and equipment exercises.

Special Price!

Cost: \$30

Call today to reserve your space!

For information on Pilates teacher training courses, contact Polestar Pilates Education
1500 Monza Avenue, Suite 350, Coral Gables, FL 33146 ▪ 305.666.0037 ▪ www.polestarpilates.com